



PHONICS AND READING

A Guide for Phonics and Reading
Curriculum

PHONICS AND READING

5-6 years

Session name	
Lesson name	Example text
1. s, a, t, p, i sounds	
s, a, t, p, i sounds	s
s, a, t, p, i sounds - CVC Words	sat
s, a, t, p, i - writing lowercase letters	letter s
S, A, T, P, I - writing uppercase letters	capital letter S
2. n, m, d, o, c sounds	
n, m, d, o, c sounds	n
n, m, d, o, c sounds 1 - CVC Words	pin
n, m, d, o, c sounds 2 - CVC Words	mad
n, m, d, o, c - writing lowercase letters	letter n
N, M, D, O, C - writing uppercase letters	capital letter N
3. g, k, l, r, e, u, h sounds	
g, k, l, r, e, u, h sounds	g
g, k, l, r, e, u, h sounds 1 - CVC Words	leg
g, k, l, r, e, u, h sounds 2 - CVC Words	got
g, k, l, r, e, u, h sounds 3 - CVC Words	pen
g, k, l, r - writing lowercase letters	letter g
G, K, L, R - writing uppercase letters	capital letter G
e, u, h - writing lowercase letters	letter e
E, U, H - writing uppercase letters	capital letter E

4. ck, b, f, ss sounds

ck, b, f, ss sounds	ck
ck, b, f, ss sounds - CVC Words 1	kick
ck, b, f, ss sounds - CVC Words 2	bat
ck, b, f, ss sounds - CVC Words 3	huff
b, f - writing lowercase letters	letter b
B, F - writing uppercase letters	capital letter B

5. Phase 2 high frequency words

Undecodable high frequency words - Phase 2	the
Decodable high frequency words - Phase 2 a	a
Decodable high frequency words - Phase 2 b	up

6. j, v, w, y, z, zz, qu sounds

j, v, w, y, z, zz, qu sounds	j
j, v sounds	jam
w, x sounds	will
y, z, zz, qu sounds	yap
j, q, v, w - writing lowercase letters	letter j
x, y, z - writing lowercase letters	letter x
J, Q, V, W - writing uppercase letters	capital letter J
X, Y, Z - writing uppercase letters	capital letter X

7. ch, sh, th, ng sounds

ch, sh, th, ng sounds	ch
ch sound	chop
sh sound	ship
th sound	them
ng sound	ring

8. ai, ee, igh, oa sounds

ai, ee, igh, oa sounds	ai
ai sound	wait
ee sound	see
igh sound	high
oa sound	coat

9. oo, ar, or, ur sounds

oo, ar, or, ur sounds	oo
oo sound	too
ar sound	bar
or sound	for
ur sound	fur

10. ow, oi, ear, air sounds

ow, oi, ear, air sounds	ow
ow sound	now
oi sound	oil
ear sound	ear
air sound	air

11. ure, er sounds

ure, er sounds	ure
ure sound	sure
er sound	hammer

12. Phase 3 high frequency words

Undecodable high frequency words - Phase 3	he
Undecodable high frequency words - Phase 3b	was
Decodable high frequency words - Phase 3a	will
Decodable high frequency words - Phase 3b	for

13. CVCC words

CVCC words using Phase 2 sounds	went
CVCC words using Phase 3 graphemes	champ
CVCC words using polysyllabic words	children

14. CVCC words

CVCC words using Phase 2 sounds	from
CVCC words using Phase 3 graphemes	green

15. CCVC, CCCVC and CCCVCC words

CCVCC words using Phase 2 sounds	stand
CCVC, CCCVC and CCCVCC words using Phase 3 sounds	crunch

16. Phase 4 high frequency words

Undecodable high frequency words - Phase 4	said
Decodable high frequency words - Phase 4	went

17. ay, ou, ie, ea sounds

ay, ou, ie, ea sounds	ay
ou sounds	sprout
ie sounds	lie
ay sounds	pray
ea sounds	heap

18. oy, ir, ue, aw sounds

oy, ir, ue, aw sounds	oy
aw sound	law
ir sounds	third
ue sounds	queue
oy sound	Floyd

19. wh, ph, ew, oe, au, ey sounds

wh, ph, ew, oe, au, ey sounds	wh
wh sound	whole
ph sound	phantom
ew sound	brew
oe sound	woe
au sound	jaunty
ey sound	chimney

20. a_e, e_e, i_e, o_e, u_e sounds

a_e, e_e, i_e, o_e, u_e sounds	a_e
a_e sound	same
e_e sound	these
i_e sound	like
o_e sound	bone
u_e sound	cube

21. ow, ie, ea, er, ou sounds

ow, ie, ea, er, ou sounds	ow
ow sound	low
ie sound	chief
ea sound	head
er sound	her
different ou sounds	you

22. y, ch, c, g, ey sounds

y, ch, c, g, ey sounds	y
c sound	cell
g sound	Gill
ch sound 1	school
ch sound 2	Charlotte
ey sound	they
y sound 1	by
y sound 2	penny
y sound 3	gym

23. Phase 5 high frequency words

Undecodable high frequency words - Phase 5	oh
Decodable high frequency words - Phase 5	don't

Contractions - be: am/is/are 1

Contractions - be	I'm happy.
Contractions - be negative	I'm not happy.

Contractions - haven't/hasn't

Contractions - have not	I haven't got a pen.
Contractions - has not	He hasn't got a pen.

Contractions - will/won't

Contractions - will	I'll go home.
Contractions - will not	I won't go home.

Contractions - would/wouldn't

Contractions - would	I'd go home.
Contractions - would not	I wouldn't go home.

Contractions - be: am/is/are 2

Contractions - be: am

I'm 5 years old.

Contractions - be: are

We're 5 years old.

Contractions - be: is

He's 5 years old.

Contractions - be: negative

Contractions - be: am not

I'm not 5 years old.

Contractions - be: is not

He isn't 5 years old.

Contractions - be: are not

We aren't 5 years old.

Contractions - had/hadn't

Contractions - had

I'd lost my pen.

Contractions - had not

I hadn't lost my pen.

Contractions - have/has

Contractions - has

He's got a pen.

Contractions - have

I've got a pen.

Prefixes: Anti-, De-, Dis-, Em-/En-

Anti- means against

antivirus

De- means opposite

defrost

Dis- means not, opposite of

disagree

Em- En- means cause to

embrace

Prefixes: Fore-, Il-, Im-, In-, Ir-, Inter-

Fore- means before

foresight

Il-, Im-, In-, Ir- means not

illiterate

Inter- means between, among

interrupt

Prefixes: Mid-, Mis-, Non-

Mid- means middle	midfield
Mis- means wrongly	misspell
Non- means not	nonviolent

Prefixes: Over-, Pre-, Re-

Over- means over, too much	overeat
Pre- means before	preview
Re- means again	rewrite

Prefixes: Semi-, Sub-, Super-, Trans-

Semi- means half, partly, not fully	semifinal
Sub- means under	subway
Super- means above, beyond	superhuman
Trans- means across	transmit

Prefixes: Un-, Under-

Un- means not, opposite	unusual
Under- means under, too little	underestimate

Suffixes: -able/-ible, -al/-ial, -ed, -en

-able, -ible means is, can be	affordable
-al, -ial means having characteristics of	emotional
-ed means past tense verbs, adjectives	locked
-en means made of	awaken

Suffixes: -er/-or, -est, -ful

-er, -or means one who, person connected with	baker
-er means more	faster
-est means the most	quietest
-ful means full of	beautiful

Suffixes: *-ic, -ing, -ion/-tion/-ation, -ity/-ty*

-ic means having characteristic of	athletic
-ing means verb forms, present participles	cooking
-ion, -tion, -ation means act, process	cancellation
-ity, -ty means state of	ability

Suffixes: *-ive/-ative/-itive, -less, -ly*

-ive, -ative, -itive means adjective form of noun	active
-less means without	childless
-ly means how something is	actually

Suffixes: *-ment, -ness, -ous/-eous/-ious*

-ment means state of being, act of	agreement
-ness means having qualities of	fitness
-ous, -eous, -ious means having qualities of	courageous

Suffixes: *-s/-es, -y*

-s, -es means more than one	buses
-y means characterised by	fatty

Next 97-200 high frequency words

High frequency words 97 to 108	fast
High frequency words 109 to 120	keep
High frequency words 121 to 132	fun
High frequency words 133 to 144	its
High frequency words 145 to 156	air
High frequency words 157 to 168	looking
High frequency words 169 to 180	wind
High frequency words 181 to 192	lived
High frequency words 193 to 200	use

201 to 300 High Frequency Words

High Frequency Words 201 to 212	year
High Frequency Words 213 to 224	problem
High Frequency Words 225 to 236	talk
High Frequency Words 237 to 248	course
High Frequency Words 249 to 260	always
High Frequency Words 261 to 272	state
High Frequency Words 273 to 284	without
High Frequency Words 285 to 296	against
High Frequency Words 297 to 300	young

301 to 400 high frequency words

High Frequency Words 301 to 312	buy
High Frequency Words 313 to 324	until
High Frequency Words 325 to 336	able
High Frequency Words 337 to 348	low
High Frequency Words 349 to 360	consider
High Frequency Words 361 to 372	continue
High Frequency Words 373 to 384	deal
High Frequency Words 385 to 396	nothing
High Frequency Words 397 to 400	develop

401 to 500 high frequency words

High Frequency Words 401 to 412	real
High Frequency Words 413 to 424	break
High Frequency Words 425 to 436	period
High Frequency Words 437 to 448	moment
High Frequency Words 449 to 460	individual
High Frequency Words 461 to 472	law
High Frequency Words 473 to 484	film
High Frequency Words 485 to 496	carry
High Frequency Words 497 to 500	available

501 to 600 high frequency words

High Frequency Words 501 to 512	maybe
High Frequency Words 513 to 524	step
High Frequency Words 525 to 536	outside
High Frequency Words 537 to 548	travel
High Frequency Words 549 to 560	range
High Frequency Words 561 to 572	industry
High Frequency Words 573 to 584	benefit
High Frequency Words 585 to 596	usually
High Frequency Words 597 to 600	common

601 to 700 high frequency words

High Frequency Words 601 to 612	material
High Frequency Words 613 to 624	pick
High Frequency Words 625 to 636	leader
High Frequency Words 637 to 648	piece
High Frequency Words 649 to 660	arm
High Frequency Words 661 to 672	surprise
High Frequency Words 673 to 684	campaign
High Frequency Words 685 to 696	contain
High Frequency Words 697 to 700	necessary

701 to 800 high frequency words

High Frequency Words 701 to 712	influence
High Frequency Words 713 to 724	management
High Frequency Words 725 to 736	size
High Frequency Words 737 to 748	enter
High Frequency Words 749 to 760	lack
High Frequency Words 761 to 772	mark
High Frequency Words 773 to 784	method
High Frequency Words 785 to 796	nation
High Frequency Words 797 to 800	ability

801 to 900 high frequency words

High Frequency Words 801 to 812	quickly
High Frequency Words 813 to 824	television
High Frequency Words 825 to 836	pressure
High Frequency Words 837 to 848	investment
High Frequency Words 849 to 860	middle
High Frequency Words 861 to 872	generally
High Frequency Words 873 to 884	option
High Frequency Words 885 to 896	competition
High Frequency Words 897 to 900	bill

901 to 1000 high frequency words

High Frequency Words 901 to 912	career
High Frequency Words 913 to 924	disease
High Frequency Words 925 to 936	useful
High Frequency Words 937 to 948	conclusion
High Frequency Words 949 to 960	credit
High Frequency Words 961 to 972	screen
High Frequency Words 973 to 984	easily
High Frequency Words 985 to 996	somebody
High Frequency Words 997 to 1000	herself

1001 to 1100 high frequency words

High Frequency Words 1001 to 1012	shoot
High Frequency Words 1013 to 1024	exchange
High Frequency Words 1025 to 1036	safe
High Frequency Words 1037 to 1048	aware
High Frequency Words 1049 to 1060	directly
High Frequency Words 1061 to 1072	sex
High Frequency Words 1073 to 1084	trust
High Frequency Words 1085 to 1096	band
High Frequency Words 1097 to 1100	sentence

1101 to 1200 high frequency words

High Frequency Words 1101 to 1112	nobody
High Frequency Words 1113 to 1124	user
High Frequency Words 1125 to 1136	status
High Frequency Words 1137 to 1148	horse
High Frequency Words 1149 to 1160	sector
High Frequency Words 1161 to 1172	excellent
High Frequency Words 1173 to 1184	extent
High Frequency Words 1185 to 1196	crowd
High Frequency Words 1197 to 1200	scales

1201 to 1300 high frequency words

High Frequency Words 1201 to 1212	introduction
High Frequency Words 1213 to 1224	reform
High Frequency Words 1225 to 1236	tool
High Frequency Words 1237 to 1248	failure
High Frequency Words 1249 to 1260	colleague
High Frequency Words 1261 to 1272	strength
High Frequency Words 1273 to 1284	chapter
High Frequency Words 1285 to 1296	mostly
High Frequency Words 1297 to 1300	engage

1301 to 1400 high frequency words

High Frequency Words 1301 to 1312	settle
High Frequency Words 1313 to 1324	nurse
High Frequency Words 1325 to 1336	host
High Frequency Words 1337 to 1348	cash
High Frequency Words 1349 to 1360	revenue
High Frequency Words 1361 to 1372	blow
High Frequency Words 1373 to 1384	sum
High Frequency Words 1385 to 1396	pack
High Frequency Words 1397 to 1400	freedom

1401 to 1500 high frequency words

High Frequency Words 1401 to 1412	moreover
High Frequency Words 1413 to 1424	fashion
High Frequency Words 1425 to 1436	gift
High Frequency Words 1437 to 1448	mouth
High Frequency Words 1449 to 1460	citizen
High Frequency Words 1461 to 1472	switch
High Frequency Words 1473 to 1484	assessment
High Frequency Words 1485 to 1496	component
High Frequency Words 1497 to 1500	assess

1501 to 1600 high frequency words

High Frequency Words 1501 to 1512	finger
High Frequency Words 1513 to 1524	hole
High Frequency Words 1525 to 1536	forest
High Frequency Words 1537 to 1548	resident
High Frequency Words 1549 to 1560	insist
High Frequency Words 1561 to 1572	protection
High Frequency Words 1573 to 1584	approve
High Frequency Words 1585 to 1596	identity
High Frequency Words 1597 to 1600	tea

1601 to 1700 high frequency words

High Frequency Words 1601 to 1612	youth
High Frequency Words 1613 to 1624	ourselves
High Frequency Words 1625 to 1636	blame
High Frequency Words 1637 to 1648	native
High Frequency Words 1649 to 1660	vision
High Frequency Words 1661 to 1672	proportion
High Frequency Words 1673 to 1684	folk
High Frequency Words 1685 to 1696	reduction
High Frequency Words 1697 to 1700	rush

1701 to 1800 high frequency words

High Frequency Words 1701 to 1712	reject
High Frequency Words 1713 to 1724	attractive
High Frequency Words 1725 to 1736	ancient
High Frequency Words 1737 to 1748	assistant
High Frequency Words 1749 to 1760	academic
High Frequency Words 1761 to 1772	rare
High Frequency Words 1773 to 1784	shut
High Frequency Words 1785 to 1796	enemy
High Frequency Words 1797 to 1800	resolution

1801 to 1900 high frequency words

High Frequency Words 1801 to 1812	exhibition
High Frequency Words 1813 to 1824	seed
High Frequency Words 1825 to 1836	yellow
High Frequency Words 1837 to 1848	appointment
High Frequency Words 1849 to 1860	complicate
High Frequency Words 1861 to 1872	coat
High Frequency Words 1873 to 1884	classic
High Frequency Words 1885 to 1896	presidential
High Frequency Words 1897 to 1900	personally

1901 to 2000 high frequency words

High Frequency Words 1901 to 1912	accommodation
High Frequency Words 1913 to 1924	excuse
High Frequency Words 1925 to 1936	mathematics
High Frequency Words 1937 to 1948	journalist
High Frequency Words 1949 to 1960	plot
High Frequency Words 1961 to 1972	rural
High Frequency Words 1973 to 1984	dramatic
High Frequency Words 1985 to 1996	minority
High Frequency Words 1997 to 2000	storm